



Inflammatory bowel disease (IBD) guidance repository

The following tables provide you with a list of available guidelines, guidance pieces and consensus recommendations in IBD management, with links to access them online.

You can navigate by topic using the hyperlinks below. Within each topic, guidance pieces are listed alphabetically by society, and then by year of publication. Publications that are relevant within two categories (e.g. paediatric surgery) may appear twice.

- [General management of IBD](#)
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General management of IBD

Title	Description	Citation and access link
British Society of Gastroenterology (BSG)		
BSG consensus guidelines on the management of IBD in adults (2019)	Evidence and expert opinion-based recommendations for pharmacological, non-pharmacological and surgical interventions, as well as optimal service delivery in the management of both UC and CD	Lamb CA, et al. <i>Gut</i> 2019;0:1–106. Available at: www.bsg.org.uk/wp-content/uploads/2019/12/BSG-IBD-Guidelines-2019.pdf . Last accessed: May 2021.
European Crohn's and Colitis Organisation (ECCO)		
ECCO guidelines on therapeutics in CD: Medical treatment (2019)	European evidence-based recommendations on the medical treatment of adult patients with CD. Recommendations relate to 3 domains: Induction therapy, maintenance therapy and therapy of fistulising perianal disease	Torres J, et al. <i>J Crohns Colitis</i> 2020;14: 4–22. Available at: https://academic.oup.com/ecco-jcc/article/14/1/4/5620479 . Last accessed: May 2021.

European Crohn's and Colitis Organisation (ECCO) (continued)		
Second N-ECCO consensus statements on the European nursing roles in caring for patients with CD or UC (2018)	European consensus on the standard of nursing care required for the management of patients with IBD	Kemp K, et al. <i>J Crohns Colitis</i> 2018;12:760–776. Available at: https://academic.oup.com/ecco-jcc/article/12/7/760/4917790 . Last accessed: May 2021.
ECCO topical review on environmental factors in IBD (2017)	Expert consensus on the role of environmental factors in the development of IBD as well as their influence on the course of established IBD	Maaser C, et al. <i>J Crohns Colitis</i> 2017;11:905–920. Available at: https://pubmed.ncbi.nlm.nih.gov/28039310 . Last accessed: May 2021.
ECCO extra-intestinal manifestations (EIM) consensus (2016)	European consensus on the management of EIM in IBD	Harbord M, et al. <i>J Crohns Colitis</i> 2016;10:239–254. Available at: https://academic.oup.com/ecco-jcc/article/10/3/239/2462512 . Last accessed: May 2021.
European Society for Parenteral and Enteral Nutrition (ESPEN)		
ESPEN guideline: Clinical nutrition in IBD (2017)	European guideline with a multidisciplinary focus on nutritional support and nutritional therapy in IBD	Forbes A, et al. <i>Clin Nutr</i> 2017;36:321–347. Available at: www.espen.org/files/ESPEN-guideline_Clinical-nutrition-in-inflammatory-bowel-disease.pdf . Last accessed: May 2021.
International Organisation for the Study of Inflammatory Bowel Diseases (IOIBD)		
STRIDE-II: An Update on the Selecting Therapeutic Targets in Inflammatory Bowel Disease (STRIDE) Initiative of the International Organization for the Study of IBD (IOIBD): Determining Therapeutic Goals for Treat-to-Target strategies in IBD (2021)	An update to the original 2015 STRIDE recommendations for treatment targets for adult patients with IBD	Turner D, et al. <i>Gastroenterol</i> 2021;160:1570–1583. Available at: https://pubmed.ncbi.nlm.nih.gov/33359090 . Last accessed: May 2021.
National Institute for Health and Care Excellence (NICE)		
NICE Guideline NG129. CD: Management (2019)	Guidelines for managing CD in adults, young people and children	Available at: www.nice.org.uk/guidance/ng129 . Last accessed: May 2021.
NICE Guideline NG130. UC: Management (2019)	Guidelines for managing UC in adults, young people and children	Available at: www.nice.org.uk/guidance/ng130 . Last accessed: May 2021.
NICE Quality standard QS81. IBD (2015)	Quality standard covering diagnosis and management of IBD in adults, young people and children	Available at: https://www.nice.org.uk/guidance/qs81 . Last accessed: May 2021.
United European Gastroenterology (UEG)		
GI Guidelines app	An app containing IBD diagnosis and treatment guidelines in the areas of endoscopy, hepatobiliary, neurogastroenterology, oesophagus, paediatrics, pancreas, nutrition, surgery and others	Available at: https://ueg.eu/quality-of-care/search-guidelines/gi-guidelines-app . Last accessed: May 2021.

Diagnosis and monitoring

Title	Description	Citation and access link
British Society of Gastroenterology (BSG)		
IBD biopsies: Updated BSG reporting guidelines (2013)	Guidelines for optimising quality and consistency of reporting of biopsies taken for the initial diagnosis of BD	Feakins RM, et al. <i>J Clin Pathol</i> 2013;0:1–22. Available at: www.bsg.org.uk/wp-content/uploads/2019/12/BSG-guidelines-on-inflammatory-bowel-disease-biopsies.pdf . Last accessed: May 2021.
European Crohn's and Colitis Organisation (ECCO)		
ECCO-ESGAR guideline for diagnostic assessment in IBD, part 1: Initial diagnosis, monitoring of known IBD, detection of complications (2018)	Updated European guidelines combining previous imaging and endoscopy guidelines and includes laboratory parameters	Maaser C, et al. <i>J Crohns Colitis</i> 2019;13:144–164K. Available at: https://academic.oup.com/ecco-jcc/article/13/2/144/5078195 . Last accessed: May 2021.
ECCO-ESGAR Guideline for diagnostic assessment in IBD, part 2: IBD scores and general principles and technical aspects (2018)	European recommendations for clinical scoring systems for IBD, including quality of life scoring systems. Discussion of the general principles and technical aspects of endoscopy in IBD	Sturm A, et al. <i>J Crohns Colitis</i> 2018;13:273–290. Available at: https://academic.oup.com/ecco-jcc/article/13/3/273/5078200 . Last accessed: May 2021.
ECCO-ESP (European Society of Pathology) histopathology consensus (2013)	European consensus on the standards for histopathology diagnosis in IBD, covering: <ul style="list-style-type: none"> - Procedures required for a proper diagnosis - Features useful for the analysis of endoscopic biopsies - Features useful for the analysis of surgical samples - Criteria for diagnosis and differential diagnosis - Special situations including those inherent to therapy 	Magro F, et al. <i>J Crohns Colitis</i> 2013;7:827–851. Available at: https://pubmed.ncbi.nlm.nih.gov/23870728 . Last accessed: May 2021.
European Society of Gastrointestinal Endoscopy (ESGE)		
Bowel preparation for colonoscopy: ESGE guideline – Update 2019	Guidelines providing practical advice on the different aspects of colonoscopy	Hassan C, et al. <i>Endoscopy</i> 2019;51:775–779. Available at: www.esge.com/assets/downloads/pdfs/guidelines/2019_a_0959_0505.pdf . Last accessed: May 2021.
Small-bowel capsule endoscopy and device-assisted enteroscopy for diagnosis and treatment of small-bowel disorders: ESGE clinical guideline (2015)	European guideline endorsed by BSG	Pennazio M, et al. <i>Endoscopy</i> 2015;47: 352–386. Available at: https://pubmed.ncbi.nlm.nih.gov/25826168 . Last accessed: May 2021.
National Institute for Health and Care Excellence (NICE)		
NICE Diagnostics guidance DG11. Faecal calprotectin diagnostic tests for inflammatory diseases of the bowel (2013)	Evidence-based recommendations on faecal calprotectin tests for distinguishing between inflammatory bowel diseases (such as CD and UC) and non-inflammatory bowel diseases (such as irritable bowel syndrome) (<i>applies to adults and children</i>)	Available at: www.nice.org.uk/guidance/dg11 . Last accessed: May 2021.

Complications of IBD and IBD treatment

Title	Description	Citation and access link
European Crohn's and Colitis Organisation (ECCO)		
ECCO topical review on prediction, diagnosis and management of fibrostenosing CD (2016)	A review of fibrostenosing CD, providing guidance for clinical practice (<i>applies to adults and children</i>)	Rieder F, et al. <i>J Crohns Colitis</i> 2016;10:873–885. Available at: https://pubmed.ncbi.nlm.nih.gov/26928961 . Last accessed: May 2021.
ECCO evidence-based consensus: IBD and malignancies (2015)	European consensus guidelines on caring for patients with IBD who have cancer or a previous history of cancer (<i>applies to adults and children</i>)	Annese V, et al. <i>J Crohns Colitis</i> 2015;9:945–965. Available at: https://academic.oup.com/ecco-jcc/article/9/11/945/404745 . Last accessed: May 2021.
ECCO consensus on the diagnosis and management of iron deficiency and anaemia in IBD (2015)	European consensus guidelines for the diagnosis, treatment and prevention of iron deficiency and iron deficiency anaemia, along with non-iron deficiency anaemia and associated conditions (<i>applies to adults and children</i>)	Dignass AU, et al. <i>J Crohns Colitis</i> 2015;9:211–222. Available at: https://academic.oup.com/ecco-jcc/article/9/3/211/361529 . Last accessed: May 2021.
ECCO opportunistic infections consensus (2014)	European evidence-based consensus on the prevention, diagnosis and management of opportunistic infections in IBD (<i>applies to adults and children</i>)	Rahier JF, et al. <i>J Crohns Colitis</i> 2014;8:443–468. Available at: https://academic.oup.com/ecco-jcc/article/8/6/443/421810 . Last accessed: May 2021.
National Institute for Health and Care Excellence (NICE)		
NICE Clinical guideline CG118. Colorectal cancer prevention: Colonoscopic surveillance in adults with UC, CD or adenomas (2011)	Guidelines for using colonoscopy to check for signs of bowel cancer in people aged 18 and over with UC, CD or adenomas	Available at: www.nice.org.uk/guidance/cg118 . Last accessed: May 2021.

Management of special patient populations with IBD (paediatric/adolescent, pregnant and elderly people)

This category includes guidelines specific to these populations; other guidelines may also discuss these populations

Title	Description	Citation and access link
British Society of Gastroenterology (BSG)		
UK guideline on transition of adolescent and young persons with chronic digestive diseases from paediatric to adult care (2017)	Guidelines addressing the transition from paediatric to adult gastroenterology care	Brooks AJ, et al. <i>Gut</i> 2017;66:988–1000. Available at: https://pubmed.ncbi.nlm.nih.gov/28228488 . Last accessed: May 2021.
British Society of Paediatric Gastroenterology Hepatology and Nutrition (BSPGHAN)/Royal College of Paediatrics and Child Health (RCPCH)		
Quality standards for paediatric gastroenterology, hepatology and nutrition (2017)	Standards for children receiving gastroenterology, hepatology and nutrition care in secondary and tertiary care settings in the UK	Available at: https://s3.eu-west-2.amazonaws.com/files.ibduk.org/images/bspghan_rcpch_standards_for_pghan_final.pdf?mtime=20190612160008&focal=none . Last accessed: May 2021.

European Crohn's and Colitis Organisation (ECCO)		
Management of paediatric UC, part 1: Ambulatory care-an evidence-based guideline from ECCO and ESPGHAN (2018)	Guidelines discussing therapeutic options, targets and monitoring for paediatric UC, as well as providing algorithms to support therapeutic decision-making	Turner D, et al. <i>J Pediatr Gastroenterol Nutr</i> 2018;67:257–291. Available at: https://pubmed.ncbi.nlm.nih.gov/30044357 . Last accessed: May 2021.
Management of paediatric UC, part 2: Acute severe colitis-an evidence-based consensus guideline from the ECCO and ESPGHAN (2018)	Guidelines for diagnosis, monitoring and management of acute severe colitis in children	Turner D, et al. <i>J Pediatr Gastroenterol Nutr</i> 2018;67:292–310. Available at: https://pubmed.ncbi.nlm.nih.gov/30044358 . Last accessed: May 2021.
ECCO topical review on transitional care in IBD (2017)	A review of the transition of adolescents with IBD from child-centred to adult-oriented care	Van Rheenen PF, et al. <i>J Crohns Colitis</i> 2017;11:1032–1038. Available at: https://pubmed.ncbi.nlm.nih.gov/28158494 . Last accessed: May 2021.
ECCO topical review on IBD in the elderly (2017)	A review of the epidemiology, pathophysiology, diagnosis, management and outcome of CD and UC in elderly patients	Sturm A, et al. <i>J Crohns Colitis</i> 2017;11:263–273. Available at: https://pubmed.ncbi.nlm.nih.gov/27797918 . Last accessed: May 2021.
ECCO reproduction and pregnancy consensus (Edition 2015)	European guidelines on reproductive issues in patients with IBD, including fertility and the safety of drugs during pregnancy and lactation	van der Woude CJ, et al. <i>J Crohns Colitis</i> 2015;9:107–124. Available at: https://academic.oup.com/ecco-jcc/article/9/2/107/439011 . Last accessed: May 2021.
ECCO-ESPGHAN consensus for paediatric CD (2014)	European consensus guidelines on the medical management of paediatric CD	Ruemmele FM, et al. <i>J Crohns Colitis</i> 2014;8:1179–1207. Available at: https://academic.oup.com/ecco-jcc/article/8/10/1179/2392263 . Last accessed: May 2021.
European Society for Paediatric Gastroenterology, Hepatology, and Nutrition (ESPGHAN)		
Endoscopy in paediatric IBD: A position paper on behalf of the Porto IBD Group of the ESPGHAN (2018)	European guidelines on the role of GI endoscopy in paediatric IBD taking into consideration the advances made in diagnosis and treatment of these patients	Oliva S, et al. <i>J Pediatr Gastroenterol Nutr</i> 2018;67:414–430. Available at: https://pubmed.ncbi.nlm.nih.gov/30130311 . Last accessed: May 2021.
Nutrition in paediatric IBD: A position paper on behalf of the Porto IBD Group of the ESPGHAN (2018)	Guidelines providing practical advice for healthcare professionals on the steps for instituting dietary or nutritional management for paediatric patients with IBD	Miele E, et al. <i>J Pediatr Gastroenterol Nutr</i> 2018;66:687–708. Available at: https://pubmed.ncbi.nlm.nih.gov/29570147 . Last accessed: May 2021.
Surgical management of CD in children: Guidelines from the Paediatric IBD Porto Group of ESPGHAN (2017)	European guidelines on indications, surgical options, risk factors, medications in pre- and perioperative period and postsurgery monitoring for children with CD	Amil-Dias J, et al. <i>J Pediatr Gastroenterol Nutr</i> 2017;64:818–835. Available at: https://pubmed.ncbi.nlm.nih.gov/28267075 . Last accessed: May 2021.

Surgical management of patients with IBD

Title	Description	Citation and access link
Association of Coloproctology of Great Britain and Ireland (ACPGBI)		
ACPGBI consensus guidelines in surgery for IBD (2018)	Evidence-based practical summary of the surgical management of IBD	Brown SR, et al. <i>Colorectal Dis</i> 2018;20:3–117. Available at: https://pubmed.ncbi.nlm.nih.gov/30508274 . Last accessed: May 2021.
European Crohn's and Colitis Organisation (ECCO)		
ECCO guidelines on therapeutics in CD: Surgical treatment (2019)	European guidelines focussing on surgery for CD, including preoperative aspects, drug management before surgery, and technical advice for a variety of common clinical presentations	Adamina M, et al. <i>J Crohn's Colitis</i> 2020;14:155–168. Available at: https://academic.oup.com/ecco-jcc/article/14/2/155/5631809 . Last accessed: May 2021.
ECCO consensus on surgery for ulcerative colitis (2015)	European guidelines on the surgical management of ulcerative colitis, including pre-operative and post-operative phases, leaking anastomoses, and special situations	Øresland, T, et al. <i>J Crohn's Colitis</i> 2015;9:4–25. Available at: https://academic.oup.com/ecco-jcc/article/9/1/4/485667#123923098 . Last accessed: May 2021.
European Society of Coloproctology (ESCP)		
ESCP consensus on the surgical management of intestinal failure in adults (2016)	Guidance to support surgeons in the management of intestinal failure	ESCP Intestinal Failure Group. <i>Colorectal Dis</i> 2016;18:535–548. Available at: https://pubmed.ncbi.nlm.nih.gov/26946219 . Last accessed: May 2021.
European Society for Paediatric Gastroenterology, Hepatology, and Nutrition (ESPGHAN)		
Surgical management of CD in children: Guidelines from the Paediatric IBD Porto Group of ESPGHAN (2017)	European guidelines on indications, surgical options, risk factors, medications in pre- and perioperative period and postsurgery monitoring for children with CD	Amil-Dias J, et al. <i>J Pediatr Gastroenterol Nutr</i> 2017;64:818–835. Available at: https://pubmed.ncbi.nlm.nih.gov/28267075 . Last accessed: May 2021.

Management of patients with IBD during the COVID-19 pandemic

Title	Description	Citation and access link
British Society of Gastroenterology		
Information and Guidance for Endoscopy Services in the COVID-19 Pandemic (updated 15 January 2021)	Guidance outlining key strategies to ensure continuity of endoscopy services and safe patient care during the COVID-19 pandemic	Available at: www.bsg.org.uk/wp-content/uploads/2021/01/An-Update-to-Information-and-Guidance-for-Endoscopy-Services-in-the-Covid-19-Pandemic-FINAL-DOC.pdf . Last accessed: May 2021.

British Society of Gastroenterology (continued)		
British Society of Gastroenterology IBD section and IBD Clinical Research Group position statement on SARS-CoV2 Vaccination (08 January 2021)	Recommendations regarding SARS-CoV2 vaccination for patients with IBD	Available at: www.bsg.org.uk/wp-content/uploads/2021/01/British-Society-of-Gastroenterology-Inflammatory-Bowel-Disease-section-and-IBD-Clinical-Research-Group-position-statement-on-SARS-CoV2-Vaccination.pdf . Last accessed: May 2021.
Advice regarding working in endoscopy for vulnerable clinical staff during the COVID-19 pandemic (02 November 2020)	Guidance regarding potential risks to vulnerable clinical staff working in endoscopy	Available at: www.bsg.org.uk/covid-19-advice/advice-regarding-working-in-endoscopy-for-vulnerable-clinical-staff-during-the-covid-pandemic/?pdf=94656 . Last accessed: May 2021.
Rebooting Gastroenterology and Hepatology Outpatients in the wake of COVID-19: Renewal, Redesign and establishing the “New Norm” (01 July 2020)	Recommendations on how to redesign outpatient services following the COVID-19 pandemic	Available at: www.bsg.org.uk/wp-content/uploads/2020/07/Outpatient-services-restart-and-redesign-Ver-Final-2.pdf . Last accessed: May 2021.
Adaptations to the British Society of Gastroenterology guidelines on the management of acute severe UC in the context of the COVID-19 pandemic: a RAND appropriateness panel (2020)	COVID-19 specific guidance using BSG guidelines as a reference point	Din S, et al. <i>Gut</i> 2020;0:1–9. Available at: www.bsg.org.uk/wp-content/uploads/2020/06/gutjnl-2020-321927.full_.pdf . Last accessed: May 2021.
Crohn’s & Colitis UK		
Coronavirus (COVID-19): FAQs for people with Crohn’s and colitis (07 January 2021)	FAQs to support patients with Crohn’s and Colitis during the COVID-19 pandemic	Available at: www.crohnsandcolitis.org.uk/news/coronavirus-covid-19-advice . Last accessed: May 2021.
European Crohn’s and Colitis Organisation (ECCO)		
ECCO information on COVID-19	European resource which includes expert interviews with gastroenterologists and experts in infectious disease which are reviewed by the COVID-19 Taskforce, updates from IOIBD, and further references	Available at: ECCO Information on COVID-19 (https://ecco-ibd.eu) . Last accessed: May 2021.
International Organization for the Study of Inflammatory Bowel Diseases (IOIBD)		
IOIBD COVID-19 guidelines	A series of short guidelines developed by the IOIBD taskforce groups to support IBD physicians during the COVID-19 pandemic, covering: <ul style="list-style-type: none"> • Acute care • Clinical trials • Endoscopy • Infusion centres • Research • Restarting therapy • Telemedicine 	Available at: https://ioibd.org/covid-19-and-ibd-webinars-and-guidelines . Last accessed: May 2021.

National Institute for Health and Care Excellence (NICE)

NICE guideline NG172: COVID-19 rapid guideline: gastrointestinal and liver conditions treated with drugs affecting the immune response (2021)

Recommendations to maximise the safety of children and adults with GI or liver conditions treated with drugs affecting the immune response during the COVID-19 pandemic. Updated on 09 April 2021 to incorporate vaccination status into the guidelines

Available at: www.nice.org.uk/guidance/NG172.
Last accessed: May 2021.

Guidance and useful information from Patient Advocacy Groups

Title	Description	Citation and access link
Cornerstones Health		
Best of Digestive Disease Week in IBD	A curated selection of live webinars delivered by leading practitioners in the fields of gastroenterology, hepatology, endoscopy, and gastrointestinal surgery during the Digestive Disease Week	Available at: www.cornerstoneshealth.org/best-of-ddw . Last accessed: May 2021.
Crohn's and Colitis UK		
IBD toolkit (in partnership with the Royal College of General Practitioners [RCGP])	A comprehensive, user-friendly guide to IBD for GPs and other primary care professionals	Available at: www.rcgp.org.uk/clinical-and-research/resources/toolkits/inflammatory-bowel-disease-toolkit.aspx . Last accessed: May 2021.
The HCP blog	Topical posts for HCPs on caring for patients with IBD, including personalised care, supporting patients with self-care, COVID-19 information and treatment information	Available at: www.crohnsandcolitis.org.uk/healthcare-professionals/healthcare-professionals-blog . Last accessed: May 2021.
Self-management: Position statement (2018)	Position statement setting out components of self-management, how these were identified and further reading	Available at: www.crohnsandcolitis.org.uk/improving-care-services/self-management/self-management-position-statement . Last accessed: May 2021.
Mental health and wellbeing	A comprehensive source of information for patients with IBD regarding mental wellbeing	Available at: www.crohnsandcolitis.org.uk/about-crohns-and-colitis/publications/mental-wellbeing . Last accessed: May 2021.

IBD Passport

IBD Passport (one-stop travel advice for inflammatory bowel disease)

Evidence-based travel advice for individuals with Crohn's disease or ulcerative colitis

Available at: www.ibdpassport.com. Last accessed: May 2021.

IBD UK

IBD standards

Created by 17 UK patient and professional organisations, these provide standards for high quality care for the entire journey of patients with IBD, including shared decision-making and support of patients' holistic needs

Available at: www.ibduk.org/ibd-standards. Last accessed: May 2021.

CD, Crohn's disease; FAQ, frequently asked questions; GI, gastrointestinal; GP, general practitioner; IBD, inflammatory bowel disease; UC, ulcerative colitis.